

Instructional Program

- Stick work instruction emphasizing fundamentals.
- Increase passing skills in all types of game situations.
- Individual offensive and defensive skills and positioning.
- Team offensive and defensive skills.
- Instruction in penalty corner and stroke situations.
- Full field team tournament play for all levels.
- Team building concepts.

Teams

Players will be placed into three divisions:
Elementary, Middle School and High School

CUT APPLICATION FORM ON DOTTED LINE, MAIL COMPLETED FORM IMMEDIATELY TO: Winning Tradition Field Hockey Camp, PO Box 546, Mt. Laurel, NJ, 08054. WE REQUIRE THE BALANCE BE PAID BEFORE CAMP BEGINS. IF THE CAMPER NOTIFIES WINNING TRADITION IN WRITING 5 BUSINESS DAYS BEFORE THE REGISTRATION DAY OF CAMP THAT SHE CANNOT ATTEND, ALL FEES PAID LESS THE \$75.00 NON-REFUNDABLE DEPOSIT WILL BE REFUNDED.

A Winning Tradition
Field Hockey Camp
PO Box 546
Mt. Laurel, NJ 08054

A WINNING
TRADITION
FIELD
HOCKEY
CAMP

Where a winning
tradition starts...

Shawnee High School
Medford, NJ

July 20 - 24

8:30 am - 12:30 pm

PO Box 546
Mt. Laurel, NJ 08054
wintradfhcamp@gmail.com

Camp Information

The camp is designed to offer players ages 10 - 18 the opportunity to improve individual stick skills as well as team concepts.

Campers will enhance their knowledge of the game of field hockey as well as learn up to date concepts and skills.

Players will be able to play full field games on grass and turf fields with lots of individual attention from coaches.

Check - In

8:00 am, Monday, July 20th

Field Hockey parking lot located on Tabernacle Road.

Camp orientation will immediately follow check-in. The first session will begin after camp orientation.

Report time on Tuesday - Friday: **8:30 am.**

Pick - Up

12:30 pm Monday - Friday

At the field hockey parking lot located on Tabernacle Road.

ALL PARTICIPANTS MUST BRING DOCUMENTATION TO CAMP OF HAVING A RECENT PHYSICAL EXAMINATION BY A PHYSICIAN APPROVING THEIR PARTICIPATION IN HOCKEY CAMP.

Director

Renée Phelps

Ms. Phelps is a graduate of Rowan University where she was a member of the 2002 National Championship Team. She received many accolades during her time at Rowan, such as, 2002 New Jersey Athletic Conference Defensive Player of the Year, 2002 All-Tournament Team, 2002 ECAC 1st Team. Upon graduating Renée began teaching Spanish and coaching at Shawnee High School. In 2006, she took over as head coach and in 2007 she led the Shawnee Field Hockey team to it's 11th State Championship and its 1st ever Tournament of Champions victory. That year, she received many Coach of the Year accolades, from the Courier Post, Burlington County Times, Field Hockey Club of South Jersey and was named the MidAtlantic Regional Coach of the Year for the National Field Hockey Coaches Association. Her career coaching record is 59-9-2. Renée is a Futures coach and has been certified as a Level 1 coach by the United States Field Hockey Association. She has also coached at various camps in the South Jersey/Pennsylvania area.

Coaching Staff

This summer's coaching staff will include high school and middle school coaches from local South Jersey schools as well as high caliber collegiate athletes.

MEDICAL RELEASE

All participants MUST have a physical exam by a physician no more than 365 days prior to the last day of camp. This is a requirement in order to attend Winning Tradition Field Hockey Camp. You are advised to contact your physician early to make an appointment. Forms will be distributed upon receiving registration form.

2009 Application

Cost: \$150.00

Elementary Division Middle School Division
 High School Division

Camper's Name: _____

Parent/Guardian's Name (if different): _____

Address: _____

City: _____ St: _____ Zip: _____

Age: _____ Grade in '08-'09: _____

Home Phone: (____) ____ - _____

Mother Cell: (____) ____ - _____

Father Cell: (____) ____ - _____

School attended in '08-'09: _____

High School (if not already): _____

Years Playing Hockey: _____

Shirt Size (adult) Circle One: S M L XL

Position: (Circle One) Offense Defense Goalkeeper
(must have own equipment)

PARENT SIGNATURE: _____

I REALIZE MY DAUGHTER MUST BRING DOCUMENTATION TO CAMP OF HAVING A RECENT PHYSICAL EXAM BY A PHYSICIAN. BY SIGNING THIS FORM, I hereby authorize the director of A Winning Tradition Field Hockey Camp to act for me in their best judgment in all activities and in any emergency medical situations including transporting and medial treatment. I consent to the use of photographs, voice recordings, in whole or in part of the above camper for the purpose of advertising, publications or website.

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