

Golden Eagle Field Hockey Camp Application
PLEASE PRINT CAREFULLY

Name _____

Birthdate _____ Grade 2009-2010 _____

Address _____

City _____

Zip _____ Phone _____

Cell Phone _____

E-mail Address _____

Years of hockey experience completed _____

Position _____

Please circle shirt size:

T-shirt: Adult S M L XL

Youth M L

Please accept my registration for the GOLDEN EAGLE FIELD HOCKEY CAMP, at Seneca High School. I understand that each registrant should bring his/her own sneakers, cleats, mouthguard, shin guards, field hockey stick and water bottle. I understand the camp and staff are not responsible for lost items.

The camp will provide secondary insurance for each registrant. Primary coverage will be through each registrant's own insurance plan. As a parent/guardian of the registered child, I give my approval to her participation in the camp. In case of injury to my child, I waive all claims resulting from or in connection with the activities in which my child is a participant. I release, absolve, indemnify, and hold harmless the Golden Eagle Field Hockey Camp, its coaches, directors, trainers, Seneca High School, and its members, officers, organizers, sponsors, and the supervisors.

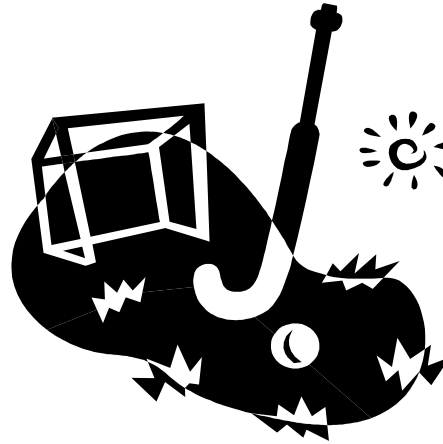
X _____

Parent or Guardian Signature

Please complete all information and mail a non-refundable check for \$100.00 made out to Golden Eagle Field Hockey Camp to:

BETH STRITTMATTER
15 Goose Pond Road
Tabernacle, NJ, 08088

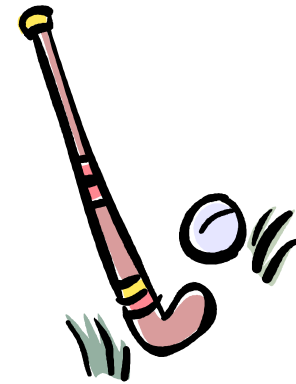
**THE
GOLDEN EAGLE
FIELD HOCKEY
CAMP**



“We want to share our love of
the game!”

- Beth Anne Abbott-Strittmatter

Seneca High School's



**GOLDEN EAGLE
FUNDAMENTAL
FIELD HOCKEY
CAMP**

2009

K-12th Grade Players
Seneca High School
Tabernacle, New Jersey
July 27- July 31
9:00 a.m.-12:00 p.m.
\$100.00

Presented by
Coach Beth Abbott-Strittmatter
Of Seneca High School

DIVISIONS

Mini Eagles- K-3rd grade. This division of campers will be given an enthusiastic introduction to the sport of field hockey. Participants will be taught and drilled in the basic skills of the game including: the dribble, drive, push pass, flick, scoop, 1v1 offensive skills, 1v1 defensive skills, and scoring skills. Each day players will have the chance to play in small, competitive games

Little Eagles- 4th- 6th grade. This division of campers will be taught individual skills on a **level appropriate to their age and experience.** Players will learn the fundamentals mentioned above, along with instruction on passing, marking, scoring, 2v2, 3v2, and specialty situations. All players will be involved in 7v7 scrimmages.

Future Eagles-7th-8th grade. This group of players is preparing to play on the high school level. Instruction will include high intensity drills, corner instruction, shooting skills, penalty strokes, and 7v7 play.

Golden Eagles- 9th-12th grade. This group will prepare for the expectations and intensity of pre-season on the high school level. The sessions will mimic high school level practices and will include team building and goal setting strategies. The idea is to make the transition into the fall season as smooth as possible.

Golden Goalies- We offer specialized goalkeeper training. We believe goalkeepers learn best with a blend of training in goalkeeper fundamentals combined with experience in game-like situations. **Goalkeepers must provide their own equipment.**

BASIC PHILOSOPHY OF THE CAMP

This camp is created to focus on age and experience appropriate skills and drills. Players will be introduced to current drills and skills used in field hockey development. All players will spend a portion of the day playing in small-field competitive field hockey games. We believe in creating a positive, healthy and *fun* environment for our athletes.

STAFF

Becky Pettit-Goalie Coach Seneca
Donna McClelland- Bloomsburg University
Kristina Foster-University of Maryland
(*National Champs 2009!*)
Lauren Pfeiffer- University of Iowa
Carey Maser- Graduate of Penn State

CAMPER FYI'S

*All campers will receive a t-shirt. Please be sure to note "size" on the registration form.

*Campers are responsible for their own equipment and must bring a water jug.

*Campers should dress in comfortable, cool athletic attire. All campers must have cleats, indoor sneakers, a mouth guard, shin guards, and a stick. Goalies **MUST** bring their own equipment.

* Due to safety concerns, campers who are not prepared with the proper equipment will not be able to participate.

***Please be sure to bring sneakers in case we must go indoors at any time. Players are not permitted to wear cleats inside.**

DIRECTOR-BETH ANNE STRITTMATTER

Over 25 years of field hockey experience
16 years of coaching on the high school level
2 years varsity coach at Shawnee High School
(Central Jersey Champs 2001)
Current varsity coach at Seneca High School
Head Coach of Futures Stick Starz Site

*(If you have more than one child attending camp, we offer a \$15 discount for the second child)
\$100 for first child
\$85 for second child*

Please make your \$100.00 check payable to
"Golden Eagle Field Hockey Camp"
Please mail the check to the following address:

**COACH STRITTMATTER
15 GOOSE POND ROAD
TABERNACLE, NJ
08088**

Confirmation of receipt of registration will be mailed to your home or your e-mail address.

Any Questions?
Please Contact
Beth Abbott-Strittmatter
Coachstritt@yahoo.com
609-519-4221